

**Eggnog**

* 3 eggs, lightly beaten
* 1/3 cup white sugar
* salt to taste
* 2 ½ cups milk
* 1 ½ tsp vanilla extract
* 1 cup heavy cream
* 2 tbs confectioners’ sugar
* 1 pinch ground nutmeg
* ½ cup rum (optional)

1. In a saucepan, combine eggs, white sugar and salt. Gradually stir in milk. Heat over medium heat for 10 to 15 minutes, stirring constantly until mixture just coats a metal spoon. Remove from heat and stir in 1 tsp vanilla extract. Place saucepan over ice water until mixture cools. Refrigerate until chilled.
2. In a chilled bowl, combine heavy cream, confectioners’ sugar and remaining 1/2 tsp vanilla extract. Beat until stiff peaks form. Stir in rum. Fold whipped cream mixture into the cooled mixture. Pour into a serving bowl and sprinkle with nutmeg. Serve immediately.

**Your Name**

CalBRE Lic#  
555.555.5555  
youremail@mail.com  
yourwebsite.com

Broker’s Name  
Broker’s Lic #

**Five easy winter maintenance projects**

1. **Check ceiling fans.** Ceiling fans should be dusted and cleaned every season. To save money on heating reverse the fan direction so that it turns clockwise. This pulls the warm air from the ceiling down to living spaces.
2. **Seal windows and doors**. Windows need to be resealed every few years. Inspect the caulking along the windows’ edges, looking for gaps or cracks. Then, re-apply caulking to windows (weather-stripping to doors) to keep warm air in and cool air out.
3. **Check behind appliances.** Clean behind laundry machines and refrigerators regularly. Dust settles on refrigerator coils, causing them to run inefficiently. Use a refrigerator-coil brush to clean this off. For dryers, clean out the exhaust vent a couple times a year to keep it running smoothly.
4. **Clean out closets.** The end of a season is a great time to go through closets for potential give-away items. When you find winter clothing you didn’t wear this year, give it away and make space for next season’s items.
5. **Brighten indoor spaces.** Try switching out standard incandescent bulbs for bulbs that provide cooler, “natural” light. Whenever buying new bulbs, opt for Energy Star rated bulbs. Even if it’s a larger upfront investment, over time the bulb will last longer and save you money on your utility bill.

Thinking of selling? I’d love to help you get your home ready to sell and find your next home. Give me a call!

555.555.5555 | yourwebsite.com | youremail@mail.com

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