



# California Camping

## SUPPLIES

- flashlight and batteries;
- sleeping bags and pillows;
- tent;
- reusable water bottles;
- first aid kit with insect repellent and sunscreen;
- firewood and matches or a lighter (first, make sure fires are allowed);
- snacks (trail mix, granola bars);
- pots, pans and utensils; and
- clothing for various weather conditions.

## ACTIVITIES

- Prepare for a hike! Bring shorts, t-shirts, athletic socks and tennis shoes or hiking boots.
- No campfire is complete without s'mores! Bring chocolate bars, marshmallows and graham crackers – and metal skewers to get perfectly browned marshmallows.
- When you plan to go hunting or fishing, be sure you have the appropriate licenses. See

<https://www.wildlife.ca.gov/Licensing> for requirements.

- Bring extra blankets and cozy up under the night sky for an evening of stargazing.

## HAZARDS

- **Bears:** Keep your food items and toiletries locked in the large metal bear boxes on your campsite.
- **Bugs:** Check your sleeping bags and tents for spiders or other insects before you settle in for the night. Check your clothes and exposed skin for ticks after hiking.
- **Botany:** When out on the trails, keep your eyes peeled for poison oak and other toxic plants.
- **Buddies:** Always bring someone with you when venturing outdoors. Many campsites have spotty cell reception, so you need someone in case of emergency.

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