

An easy, breezy summer move

Helping friends and relatives move is one of life’s many joys. Make it a breeze with these tips!

**Plan ahead**

* Shop moving companies at least a month before you move.
* Sort your belongings into three categories:

1. Things to be tossed, recycled or given away;
2. Things to be packed ahead of time; and
3. Things to keep handy until moving day.

* Arrange childcare and/or petcare for moving day.

**Stay cool**

* Wear light, close-fitting clothing to avoid getting snagged on   
  obstacles.
* Wear comfortable, closed-toed shoes – exposed feet are   
  prone to injury.
* Drink plenty of water, and avoid sugary drinks that speed   
  dehydration.
* Take lots of breaks! Stop for water and a snack in the   
  shade every hour or so.

**Protect your belongings**

* Take heat-sensitive electronics, house plants,   
  pets, candles and medicines with you in an air-  
  conditioned car.
* Pack and load basic kitchen and bathroom  
  items last. Label theses boxes “Open First.”

**Recruit help**

* If you hire movers, offer them cold water and   
  provide somewhere for them to take periodic   
  breaks.

Thinking of a move yourself? Call me to talk about listing your   
property and finding a new one!

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