



# Grow a winter garden

Don't let the cold weather stop you from growing a garden. Consider planting winter-friendly crops and flowers this season.

## **For vegetables, try:**

- ✓ Leaf vegetables, such as lettuce, spinach and kale – make sure to keep your soil moist!
- ✓ Root vegetables, including carrots, onions and garlic.
- ✓ Flower buds like broccoli and cauliflower – these bloom best in colder temperatures.
- ✓ Pods, such as snap peas and sugar peas.

## **To add some color, go for:**

- ✓ Marigolds – ranging in shades from orange to bright yellow, these will thrive from fall to spring.
- ✓ African daisies – these hardy flowers perform well in California's mild winters and come in a variety of vibrant colors.
- ✓ Pansies – these bloom in multiple colors and last throughout the winter.
- ✓ Snapdragons – tall and lush, these add color and foliage to your garden.
- ✓ Sweet alyssums – these are hardy enough to endure freezing temperatures and self-seed to provide year-round flowers.